



***Special
Olympics***
Massachusetts

2017
Fall Sports Season
Informational Packet

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Special Olympics International Goals & Vision

- Provide high quality sports experience and engage communities with an experience that help changes negative attitudes and create inclusion.
- Tell the world about the talents and abilities of people with ID through sports
- Empower athletes to perform at their best by mastering skills to succeed, building confidence and self-reliance through more opportunities to compete.
- Set high expectations for everyone and emphasize coaching as key to high quality sports programing. S.O. wants fit, skillful athletes who are prepared to compete and improve their performance or “Personal Best”. S. O. will stress performance improvement to show what athletes can achieve and reach their highest potential and ensuring knowledge of sport rules

Special Olympics Massachusetts Facts

- **Financial Information:**

- 2016 Audited information
 - 86.16% of expenses went to Program
 - 10.46% of expenses went to Fundraising
 - 3.38% of expenses to Management & General
- Full 2015 Financial Audit is available on our website at <https://www.specialolympicsma.org/about-us/financial-information/>

- **Fall Season Event Budget:**

○ Facilities	\$1,700
○ Meals	\$8,500
○ Housing	\$18,800
○ Special Events (<i>Dance, Olympic town Etc.</i>)	\$700
○ Supplies & Equipment	\$10,500
○ Management	<u>\$3,300</u>
	\$43,500

Fall Season Event Calendar

- September
 - 7th & 12th Applebee's Tip a Cop
 - 16th & 17th Newport Sailing Regatta
 - 17th Berkshire Equestrian
 - 24th South Shore Equestrian
 - 30th Coaches College

- October
 - 1st Cape Cod Equestrian
 - 1st BIG E Day
 - 14th Taunton Flag Football Qualifying Tournament
 - 14th LETR Truck Pull, Mansfield
 - 15th Oxford Soccer Qualifying Tournament
 - 15th Pingree Soccer Qualifying Tournament
 - 15th Mansfield Soccer Qualifying Tournament
 - 20th -21st Senior Sports
 - 21st Westfield Trick or Trot 5K
 - 21st Red Robin Tip a Cop
 - 22nd Westfield Flag Football Qualifying Tournament
 - 22nd LETR Truck Pull, Canton
 - 28th North Shore Equestrian
 - 29th Harvard Flag Football Qualifying Tournament

- November
 - 5th State Soccer Cup
 - 5th Bowling Coaches Training
 - 13th LETR Berkshire Fun Sweater Run
 - 11th Flag Football Bowl
 - 25th LETR Poultry Plunge, Pittsfield

- December
 - 2nd LETR Cop on Top, Chicopee
 - 2nd & 3rd LETR Cop on Top, Pittsfield
 - 2nd Jolly Jaunt, Boston
 - 3rd LETR Holiday 5K, Peabody
 - 3rd Jolly Jaunt Hyannis

2017 Fall Season Deadlines

- ***All athletes MUST have a valid medical to begin training***
- ****All Class A's/Medicals are due no later than week before the qualifier, or they will be scratched from competition****
- ***Send all forms to Ops@SpecialOlympicsMA.org***

Wednesday, August 30th	<ul style="list-style-type: none"> • Rosters from last Fall Season sent to coaches <ul style="list-style-type: none"> ○ Will include medical/class A expiration dates and registered events from last season • Coaching certification email sent to coaches from last fall
Wednesday, September 20th	<ul style="list-style-type: none"> • Flag Football/Cheerleading registration (only teams going to Taunton qualifier) due • ALL Soccer registrations due • Senior Sports Registration and Housing Due
Wednesday, September 27th	<ul style="list-style-type: none"> • Flag Football/Cheerleading registration due for teams going to Harvard and Westfield
Monday, October 16th	<ul style="list-style-type: none"> • Soccer Final Registrations sent to coaches
Wednesday, October 25th	<ul style="list-style-type: none"> • Soccer Final Registration due
Monday, October 30th	<ul style="list-style-type: none"> • Flag Football/Cheer final registrations sent to coaches
Wednesday, November 1st	<ul style="list-style-type: none"> • Flag Football/Cheer Final Registration due

Fall Season Sport Overview

Fall Season Sports Offered

- Equestrian
- Flag Football & Cheerleading
- Soccer

Flag Football & Cheerleading:

- Qualifying Tournaments
 - October 14th – Taunton High School, Taunton MA
 - October 22nd – Westfield State, Westfield, MA
 - October 29th – Harvard University, Boston MA
- Qualifying Tournaments **are mandatory** for all athletes and Unified Partners that wish to advance onto the Season Ending Tournament
 - Teams may attend one(1) of the above events to qualify
 - Waivers requests for missing qualifier must be submitted 1 week prior to qualifying tournament and will be reviewed by SOMA staff
 - Qualifying Tournament will be a round robin format
 - Athletes competing in Cheerleading do not have to attend an Qualifying Tournament in order to compete at the State Games
 - *As cheerleading is a demonstration sport, athletes who compete in Cheerleading may also compete in either Soccer or Equestrian*
- Roster Size
 - Minimum of 8; Maximum of 15
- Registration
 - September 20th Taunton HS Registration **DUE**
 - September 27th Westfield State & Harvard U Registration **DUE**
 - November 1st **FINAL REG DUE**
- Special Olympics Resource page
 (http://www.specialolympics.org/Sections/Sports-and-Games/Sports_and_Games.aspx) is home to
 - All Sports rules
 - Coaching and training guides

Flag Football & Cheerleading Continued

- Equipment & Uniforms Needed
 - Flag Football
 - All Athletes and Unified Partners participating in football MUST WEAR CLEATS
 - All players and teams must use the tri flagged belts
 - Any equipment deemed unsafe that could lead to potential injuries to any of the participants on the playing field, such as exposed metal, crutches, canes or wheelchairs are not allowed.
 - Sport Appropriate Uniforms are required for all participants
 - Pants or Shorts with NO Pockets
 - Mouth guards
 - #’d jersey’s with Numbers on Front & Back
 - Cheerleading
 - Music & IPod
 - Pom-Pom’s
 - All cheerleaders should be dressed in the appropriate cheerleading uniforms
 - Coaches – Logoed Polo Shirt / T- Shirt / Hoodie or Jacket / Pants

- Season Ending Tournament
 - When: Saturday November 11th
 - Where: Gillette Stadium & Franklin High School
 - Teams that were at Franklin High School in 2016 will be given preference, but are not guaranteed, to play at Gillette in 2017
 - Meals
 - No lunch is provided.
 - Special Olympics Massachusetts is working with the Patriots to offer discounted meals at CBS Scene for all teams as well as working to arrange for concessions at Franklin High School
 - Transportation
 - All programs and teams are responsible for their own transportation to and from this event.
 - Notes
 - This annual event is hosted by the New England Patriots Charitable Foundation. With this partnership, this event also serves as a New England based Flag Football Championship with teams from all over New England participating.

Soccer:

- Qualifying Tournaments
 - October 15th, Pingree School, Hamilton, MA
 - October 15th, Ruel Field, Oxford, MA
 - October 15th, Plymouth St Fields, 50 Plymouth St, Mansfield

- Qualifier Location
 - See Pages 11-13 for your teams qualifier location

- Qualifying Tournaments are **mandatory** for all athletes and Unified Partners that wish to advance onto the Season Ending Tournament
 - Waivers requests for missing qualifier must be submitted 1 week prior to qualifying tournament and will be reviewed by SOMA staff
 - Qualifying Tournament will be a round robin format

- Roster Size
 - Minimum of 8; Maximum of 15

- Registration **DUE** Dates
 - Qualifiers **DUE** Sept. 20th
 - Season Ending Tournament, **DUE** October 25th

- Special Olympics Resources Page
 (http://www.specialolympics.org/Sections/Sports-and-Games/Sports_and_Games.aspx) is home to
 - All Sports rules
 - Coaching and training guides

- Equipment & Uniforms
 - Any equipment deemed unsafe that could lead to potential injuries to any of the participants on the playing field, such as exposed metal, crutches, canes or wheelchairs are not allowed.
 - Teams must provide their own Soccer ball
 - All Athletes and Unified Partners participating in soccer **MUST WEAR** CLEATS, #’D JERSEYS and SHIN GUARDS
 - **Sport Appropriate Uniforms are required** for all participants
 - Pants or Shorts with NO Pockets
 - Mouth guards
 - #’d jersey’s with Numbers on Front & Back
 - Shin Guards
 - Coaches – Logoed Polo Shirt / T- Shirt / Hoodie or Jacket / Pants

Soccer Continued

- Season Ending Tournament
 - When: November 5th
 - Where : The Governors Academy 1 Elm St, Byfield, MA
 - Meals
 - A box lunch of sandwich, drink, & fruit is provided to each participant.
 - *All lunches are donated by The Governors Academy*
 - Event Parking
 - Once onsite Governors Academy students will direct you to the appropriate parking spot.
 - Please follow the students as they direct you into the campus and park where instructed, so we may have a safe traffic flow in and out of the campus.
 - Notes
 - The annual Soccer State Cup is hosted in partnership with The Governors Academy. The Governors Academy has been the host site for this event for the past 30 years. Students make up the Games Management Team and meet for 2 months with SOMA staff to prepare themselves for running this event. In order to be a member of the Games Management Team, students apply during their junior year, where they shadow a senior for event. Shadows and event leads recruit the entire campus to volunteer, train volunteers, and raise funds in support of Special Olympics Massachusetts and the State Soccer Cup.

Senior Sports Classic Overview

Date:	October 20 th & 21 st
Venues:	Cape Coder – <i>Hotel & Dance</i> Barnstable High - <i>Competition</i>
Sports Offered:	Bocce, Golf Skills, Horseshoes & Race-walking
Age Guidelines:	Senior Sports is for athletes 40 years or older
Registration Info:	Each athlete will be allowed to participate in: <ul style="list-style-type: none">• One race-walking event and• One selection of bocce, horseshoes or golf skills.• For a total of two events
Other Events:	Friday Night Dinner & Dance Saturday BBQ hosted by the Parrot Heads
Awards:	To be given out following each heat/event
Medicals:	All athlete medicals should be onsite with the coach and will be checked for on Friday at registration. Medicals are due to Section Office by specified deadline.
Chaperone Ratio:	3 athletes to 1 Chaperone
Forms & Deadlines:	<u>DUE</u> September 20 th

Soccer Qualifier Venue Assignments

Since all three soccer qualifiers are on the same day, SOMA has moved away from each venue hosting a different discipline and has kept programs together to make it easier for programs to travel to the events. SOMA did it's best to take into account travel distance while trying to maintain competitive divisions at the qualifiers. Listed below is your teams' venue assignment

<u>Venue</u>	<u>Team Name</u>	<u>Age</u>	<u>Type</u>	<u>Coach</u>
Oxford	All Town Tornadoes	8- 15	Trad	Leonard_Colleen
Mansfield	Andover Shining Stars	22+	Unified	Keith_Kathy
Mansfield	Andover Shooting Stars	22+	Unified	Keith_Doug
Mansfield	Andover Star Crusaders	8-15	PD	Savarese_Nick
Mansfield	Andover Stars	16- 21	PD	Angles_Sean
Pingree	Arc Jaguars	22+	Unified	Merriam_Art
Pingree	Arc Jaguars Too	22+	Unified	Burke_Dave
Pingree	BC Double Dragons	22+	Unified	St. Pierre_Kaelie
Pingree	BC Freight Trains	22+	Unified	McAuliffe_Kathleen
Mansfield	Belmont Braves	22+	PD	Teves_John
Mansfield	Belmont Champions	22+	Unified	Daily_Kristin
Oxford	BHMA Bandits	22+	Trad	Guvendiren_Joseph
Oxford	Bridgewater Raynham Wildcats	8- 15	Unified	Towne_Jessica
Oxford	Cape Ann Breakers	13- 21	Trad	Tucker_Nicole
Oxford	Cape Ann Strikers	22+	Trad	Williamson_Shawn
Pingree	Cape Cod Waves	22+	Trad	McNamara_Maureen
Mansfield	COH Energy	22+	Unified	Dennison_Mary
Mansfield	COH Wolfpack	22+	Unified	Lestage_Beth
Mansfield	Cushing Bulls	22+	Trad	Fanning_Gerry
Mansfield	Cushing Celtics	22+	Trad	McElman_Tom
Oxford	Cushing Comets	13- 21	Trad	Matheson_Anne
Mansfield	Cushing Crusaders	22+	PD	Hammond_Tarchell
Oxford	Emarc Revolution	22+	Trad	Casey_Joseph
Oxford	Emarc Rockets	13- 21	Trad	Sheedy_Mike
Pingree	GMPI Blue Thunder	22+	Trad	McCarthy_Dan
Pingree	GMPI Jedi	13- 21	Unified	Taylor_Terri
Pingree	GMPI Mustangs	22+	Trad	Rae_Giles
Oxford	Greater Springfield Blizzards	22+	Trad	Lange_Joseph
Oxford	Greater Springfield Lightning	22+	Trad	Foltz_Steve
Oxford	Greater Springfield Panthers	22+	Trad	Chase_Kathy
Oxford	Greater Springfield Rockets	8- 15	Unified	Stack_Jack

Soccer Qualifier Venue Assignments Cont'd

<u>Venue</u>	<u>Team Name</u>	<u>Age</u>	<u>Type</u>	<u>Coach</u>
Oxford	Greater Springfield Rovers	22+	Trad	Ford_John
Oxford	HCS Hornets	22+	Trad	O'Reilly_John
Oxford	HCS Stingers	22+	Trad	Duffy_Anne
Oxford	Heller's Angels Jaguars	22+	Trad	Cruz_Ranelle
Oxford	Heller's Angels Unified Juniors	8- 15	Unified	Antone_Tim
Mansfield	Hopkinton Angels	22+	Trad	Marcy_Anne
Mansfield	Hopkinton Spirit	16- 21	PD	Wheeler_Gary
Oxford	Latham Hawks	13- 21	Trad	Souverain_Altagrace
Mansfield	Lawrence Lancers	22+	Trad	Nelson_Marlon
Mansfield	Lawrence Millionaires	22+	PD	Glendye_Phil
Mansfield	LIFE Force	22+	Trad	Saarmann_Ian
Mansfield	LIFE Savers	22+	Trad	West_Matt
Pingree	Mansfield Green Hornets	13- 21	Unified	McDaniel_Dawn
Mansfield	Mansfield White Hornets	16- 21	PD	Gage_Heather
Pingree	Mid Cape Raider Breakers	22+	Trad	Milligan_Michelle
Pingree	Mid Cape Raider Revolution	22+	Trad	Lewis_Wayne
Pingree	Milford Hawks	22+	Trad	Trautwein_Joshua
Pingree	Milford Scarlet Hawks	22+	Trad	Trautwein_Joshua
Pingree	Milton Unified	22+	Unified	Reggo_Courtney
Pingree	Milton-Quincy Bulldogs	22+	Trad	Papalilo_Nick
Mansfield	NECC Knights	16- 21	PD	Forrand_Kevin
Mansfield	NECC Knights Youth	8-15	PD	Forrand_Kevin
Mansfield	Newton Mighty Hooligans	22+	Trad	Roche_Kate
Mansfield	Newton Super Hooligans	22+	Trad	Cecchinelli_Al
Pingree	Plymouth Rocks	22+	Unified	Ferguson_Kevin
Mansfield	Seven Hills Knights	22+	Unified	Gallant_Mark
Mansfield	Seven Hills Revolution	8-15	PD	Brooks_Harry

Soccer Qualifier Venue Assignments Cont'd

<u>Venue</u>	<u>Team Name</u>	<u>Age</u>	<u>Type</u>	<u>Coach</u>
Mansfield	Shrewsbury Colonials	22+	Trad	Docimo_Bob
Mansfield	Shrewsbury Jr. Colonials	8-15	PD	McGinnis_Dan
Pingree	Shrewsbury Kickers	22+	Unified	Maniatis_Stephanie
Pingree	Shrewsbury Stingers	22+	Unified	Abro_Elizabeth
Oxford	Southie Patriots Blue	8- 15	Unified	Gabriel, Talia
Oxford	Southie Patriots Red	8- 15	Unified	Gabriel, Talia
Oxford	Top Soccer Magic	13- 21	Trad	Comeau_Jennifer
Oxford	Walker Soccer Stars	8- 15	Trad	Bell_Joanna
Pingree	Westborough Wallabies	13- 21	Unified	Bentley_Neil
Mansfield	Westfield Bombers	22+	PD	Mercure_Donald
Mansfield	Westfield Rockets	16- 21	PD	Pirro_John
Oxford	Whitman-Hanson Panthers	22+	Trad	McSweeney_Terry

Team Evaluation Form

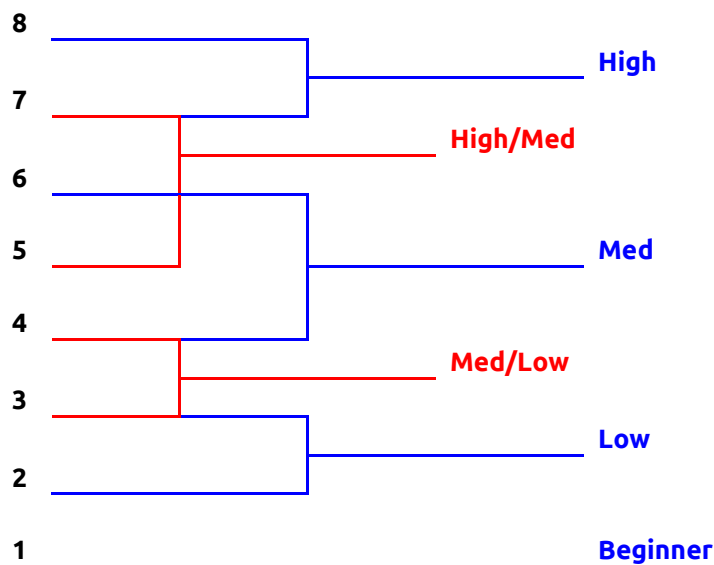
The Team evaluation form (*accompanying documentation*) is a tool to help you identify the level of your team. It is not required but **HIGHLY recommended** that a coach fills it out to determine your team's level of play.

Instructions:

- 1) Individual Assessment Form
 - a. Complete one individual assessment for each athlete and or Unified Partner
 - b. Choose a point value the best describes the individual's skill level
 - c. When each section is complete add each score box for a total point value for that section
 - d. Add up the total from each section and divide by six for the individuals overall rating
 - e. Transfer scores to Team Summary Form

- 2) Team Summary Form
 - a. Transfer results from all individual assessment's to team summary form
 - b. List the players from the highest score to the lowest score
 - c. Add all the scores and take the average to get the Total team rating
 - d. Add all the scores from the top five players and take the average to get the Top Five Players score
 - e. Add all the scores and take the average of the bottom five players to get the bottom five players score

- 3) Results
 - a. The following graph will determine your level based on your team's rating score



Coach Education Criteria

To Receive Certification

- 1) Be a SOMA Class A Volunteer:
 - a. Complete a Class "A" Volunteer application (*every 3 years*)
 - b. Complete the online Protective Behaviors (*every 3 years*)
 - c. Complete a "Coaching in SOMA" General Orientation (*1 time only*)
- 2) Complete the SOMA Sport Certification test (*every 3 years*)
- 3) Concussion Awareness Training
 - a. Requirement for all S.O. coaches across the country.
 - i. Available through the CDC website
 - ii. Available through the National Federation of State High School Associations www.NFSH.org
 - iii. If you have already taken it through your work or school submit your completed certificate to SOMA and you are covered
- 4) CPR & First Aid Certification
 - a. All programs to have at least one individual who attends practices and tournaments to have this certification.
 - b. Does not need to be the Head Coach, just someone SOMA can track

And if you coach Unified Sports:

- 5) Complete a Unified Sports Course to Coach a Unified Sports Team
 - c. *Only if you coach a Unified Sports team*
 - d. *Done online*

If you have any questions about your certification status or certification status of the coaches in your program please contact your Community Development Manager. See page 14 to see who your Community Development Manager contact is.

Interested in hosting a CPR / 1st Aid Training for the programs in your area? Here is what you need to do:

- Have a minimum of 10 coaches or Partners sign up
 - Line up a volunteer trainer to teach course
 - SOMA will pay for lunch & certification cards
- Confirm course with your community development manager

Coaches College

When: September 30th

Where: Yawkey Sports Training Center Marlborough

- 8:30am Registration
- 9am Unified Sports
- 10:30am Strength & Conditioning
- 12pm Lunch
- 1pm Basketball Training
 - Part 1 Practice Planning & Time Management
 - Part 2a Skills Development for Lower Level Teams
 - Part 2b Advanced Basketball, Incorporating Offensive & Defensive Sets
 - All coaches attend Part 1. Choose Part 2 that best fits your team

Clinicians

- Unified Sports:
 - **Jon Paul St Germain** Senior Director Unified Sports and Sports Partnerships Special Olympics International
 - **George Kent**- Hired by SOMA in 1996 as Director of Sport Management and Training. Mr. Kent has served on the Special Olympics International (SOI) United States Leadership Council Sports Committee, the Special Olympics North America (SONA) Coach Resource Development Committee and the SONA Unified Sports Committee. He has attended the 1999 & 2015 World Games & 2010, 2014 USA Games. Currently a golf unified partner and will be attending the 2018 USA Games.
- Strength & Conditioning
 - **Brendan Alyward** -Owner of Unified Health and Performance. Certified Strength and Conditioning Coach and Certified Personal Trainer. Program Director for Central MA Community Sports. Head Coach at 2014 USA Games. Bachelors in Special Education from Lesley University. Team Hoyt New England Athlete
- Basketball
 - Stephen Basden –Endicott Colle 4 year starter.
 - Dan Rudinzky - Marlborough HS Varsity Basketball Coach

Other Notes:

- Coffee & Snacks provided at registration & Lunch provided to all registrants
- Registrants receive:
 - a ¼ Zip SOMA fleece for registering for 2 of 3 courses
 - Register for all 3 receive ¼ zip fleece, dry erase clipboard & unified whistle

Register:

- Online at <https://www.specialolympicsma.org/resources/resources-for-coaches-local-programs/coach-college-registration/>

County Contacts

The below counties (*with a few exceptions*) are overseen by a Community Manager.

County	Community Manager	E-mail address	Phone
Barnstable	Megan Hoffman	Megan.Hoffman@SpecialOlympicsMa.org	508-485-0986 ext. 225
Berkshire	Terry Keilty	Terry.Keilty@SpecialOlympicsMa.org	508-485-0986 ext. 224
Bristol	Donna St. Onge	Donna.Stonge@SpecialOlympicsMa.org	508-485-0986 ext. 228
Dukes	Megan Hoffman	Megan.Hoffman@SpecialOlympicsMa.org	508-485-0986 ext. 225
Essex	Aiyanna Lamkin	Aiyanna.Lamkin@SpecialOlympicsMa.org	508-485-0986 ext. 241
Franklin	Donna St. Onge	Donna.Stonge@SpecialOlympicsMa.org	508-485-0986 ext. 228
Hampden	Donna St. Onge	Donna.Stonge@SpecialOlympicsMa.org	508-485-0986 ext. 228
Hampshire	Aiyanna Lamkin	Aiyanna.Lamkin@SpecialOlympicsMa.org	508-485-0986 ext. 241
Middlesex	Donna St. Onge	Donna.Stonge@SpecialOlympicsMa.org	508-485-0986 ext. 228
Nantucket	Megan Hoffman	Megan.Hoffman@SpecialOlympicsMa.org	508-485-0986 ext. 225
Norfolk	Donna St. Onge	Donna.Stonge@SpecialOlympicsMa.org	508-485-0986 ext. 228
Plymouth	Aiyanna Lamkin	Aiyanna.Lamkin@SpecialOlympicsMa.org	508-485-0986 ext. 241
Suffolk	Aiyanna Lamkin	Aiyanna.Lamkin@SpecialOlympicsMa.org	508-485-0986 ext. 241
Worcester	Aiyanna Lamkin	Aiyanna.Lamkin@SpecialOlympicsMa.org	508-485-0986 ext. 241

Volunteers Needed

If your program or team needs help recruiting Coaches, Unified Partners or Volunteers let SOMA know so we may help you by advertising your needs in our monthly volunteer newsletter.

Please submit the following information to Jennifer Dowdy at Jennifer.dowdy@specialolympicsma.org

- Sport
- Practice Location, Day & Time
- Age of your athletes
- Contact person with email address and phone number



Come and celebrate Special Olympics Massachusetts at the BIG E on October 1st.
All SOMA teams will receive free entry to the fair and t-shirts*.

9:30 am	First arrival time for Teams at Fair Ground Bus Depot
10:00 am	Opening Ceremony at the Flag Plaza
11:30 am	Second arrival time for teams at Fair Grounds Bus Depot
1:00 – 4 pm	Young Athletes Expo, Unified Bocce, and Cheerleading Demonstration at Storowton Village
4:30 pm	Staging for BIG E Parade
5:00 pm	BIG E Parade

*Deadline to register for the free entry and shirt is Friday, September 30th

To register or for more information please contact Donna St. Onge at 508-485-0986 x228 or at Donna.StOnge@SpecialOlympicsMA.org

Special Olympics Massachusetts would like to THANK the following partners!



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Donate your unwanted vehicle to
Recycle for Gold.

