

Special Olympics Massachusetts **UNIFIED JUNIORS**

Unified Juniors is an extension of the Young Athletes program that focuses on a variety of sports specific skills that children can use in future sports team participation. Unified Juniors is for children ages 7-10 years old with and without intellectual disabilities.

We are Unified!

Children can attend this program if there is not a Special Olympics team in their area.

Unified Juniors is meant to introduce children to the world of competitive sports in a gradual, fun and non-intimidating manner. The program helps prepare children for the next step in their sports participation.

Participants will not only gain knowledge of Special Olympics sports but also the "Play Unified" movement.

What sports will be covered:

Athletics (Track & Field)
Basketball
Poly Hockey
Soccer
Softball
Volleyball

To participate, please complete the online registration form at this link: <http://www.specialolympicsma.org/StMarksYA>. A wait list for the program will be created after the first 10 sign ups.

We will also need you to complete an athlete medical form which is included in this flyer. The medical form is due one week before the start date.

Where: St. Mark's School

25 Marlboro Road
Southborough, MA 01772

When: 6 Week Session
Sunday's from January
20th - February 27th.

10am - 11am

CONTACT

Eric Archambault
Program Operations Manager
eric.archambault@specialolympicsma.org
508-485-0986 ext. 221

**Special
Olympics
Massachusetts**



APPLICATION FOR PARTICIPATION (MEDICAL FORM)

Last Name, First Name:

BASIC INFORMATION

Check here if New Athlete / Parents/Guardian – Keep a Copy of this / **ALL SIGNATURES ARE REQUIRED**

First Name _____ Last Name _____ Male Female

Race Ethnicity (Optional) _____ Date of Birth _____/_____/_____

Black White Hispanic Asian/Pacific Islander American Indian Other

Street Address or PO Box _____ Apt # _____

City/Town _____ State _____ ZIP Code + 4 _____

Home Phone # or Cell # (circle one) _____ - _____ - _____ Email Address _____

Parent/Guardian's Name _____ Home Phone # or Cell # (Circle one) _____ - _____ - _____

Emergency Contact (if other than parent/guardian) _____ Emergency Contact Cell Phone # _____ - _____ - _____

HEALTH HISTORY: TO BE COMPLETED BY PARENT/CAREGIVER

Health/Accident Insurance Company _____ Policy # _____

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Heart disease / heart defect / high blood pressure Allergy: _____
 Chest pain General: _____
 Seizures / epilepsy/ fainting spells Medicines: _____
 Diabetes Food: _____
 Concussion or serious head injury Insect stings/bites: _____
 Major surgery or serious illness Special diet: _____
 Heat stroke / exhaustion Asthma _____
 Blindness / visual problem Emotional/psychiatric/behavioral/requires extra supervision _____
 Contact lenses / glasses Description: _____
 Hearing loss / hearing aid Immunizations up to date _____
 Bone or joint problem Other: _____
 Currently on Medication (If yes, please bring current list with you to each competition) Down syndrome (see below) _____
 _____ Date of most recent tetanus immunization _____/_____/_____

Form Expiration Date

PHYSICAL EXAMINATION: TO BE COMPLETED BY HEALTH CARE PROVIDER

Primary ID Etiology/Category: (If known) _____

I have reviewed the above health information and have performed the above examination on this athlete and certify that the athlete can participate in Special Olympics.

RESTRICTIONS:

EXAMINER'S SIGNATURE: _____ **Exam Date** _____/_____/_____

(no office stamps accepted without provider's signature)

Examiner's Name _____

Street Address or P.O. _____

City/Town _____ State _____ ZIP _____ Phone # _____ - _____ - _____

ATLANTO-AXIAL INSTABILITY ASSESSMENT FOR ATHLETES WITH DOWN SYNDROME

EXAMINER'S NOTE: SOMA requires persons with Down syndrome to have a full radiological examination establishing the absence of Atlanto-axial Instability before he/she may participate in sports or events which, by their nature, may result in hyperextension, radical flexion or direct pressure on the neck or upper spine.

Yes No

Has an x-ray evaluation for atlanto-axial instability been done? Date of x-ray: _____/_____/_____

If yes, was it positive for atlanto-axial instability? (positive indicates that the atlanto-dens interval is 5mm or more)

APPLICATION FOR PARTICIPATION (MEDICAL FORM)

ATHLETE RELEASE: TO BE COMPLETED BY ATHLETE OVER 18, OR PARENT/GUARDIAN OF MINOR ATHLETE

For Athletes over 18 years old:

I the athlete, named above, have read the Athlete Release Form (below) and fully understand the provisions of the release that I am signing. I understand that by signing this, I am saying that I agree to the provisions of the release

Signature of adult athlete (over 18): _____

Date: ____/____/____

For Parent/Guardian of Athlete:

I hereby certify that I have reviewed this release with the Athlete whose signature appears above. I am satisfied based on that review that the athlete understands the release and has agreed to its terms

Print Name: _____

Relationship to athlete: _____

Date: _____

For Parent/Guardian of Athlete under 18 years old

I am the parent (guardian) of the Athlete named in this application. I have read and fully understand the provisions of the Athlete Release Form (below), and have explained these provisions to the Athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the Athlete named above. I hereby give my permission for the Athlete named above to participate in Special Olympics games, recreation programs, and physical activity programs.

Signature of Parent/Guardian (for athlete under 18): _____

Date: ____/____/____

ATHLETE RELEASE FORM

I represent and warrant that, to the best of my knowledge and belief, I am physically and mentally able to participate in Special Olympics activities. I also represent that a licensed medical professional has reviewed the health information contained in my application and has certified, based on an independent medical examination, that there is no medical evidence that would preclude me from participating in Special Olympics. I understand that if I have Down Syndrome, I cannot participate in sports or events which, by their nature, result in hyper-extension, radical flexion or direct pressure on my neck or upper spine unless I and two physicians have completed the official "Special Release for Athletes with Atlanto-Axial Instability," available from the Special Olympics Program in my jurisdiction, or I have had a full radiological examination that establishes the absence of Atlanto-axial Instability (see box on page 1). I am aware that if I choose not to complete the "Special Release for Athletes with Atlanto-Axial Instability" form, which establishes the absence of Atlanto-axial Instability, I must have the radiological examination before I can participate in equestrian sports, gymnastics, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and football (soccer).

Special Olympics has my permission forever to use my likeness, name, voice or words in either television, radio, film, newspapers, magazines, and other media, and in any form, for the purpose of publicizing, promoting or communicating the purposes and activities of Special Olympics and/or applying for funds to support these purposes and activities.

I understand that by signing below I consent to participate in the Special Olympics Healthy Athletes Program, which provides individual screening assessments of health status and health care needs in the areas of: vision; oral health; hearing; physical therapy; and a variety of health promotion areas (height, weight, sun protection, etc.). I understand that information gathered as part of the Healthy Athletes Program screening process may be used in group form (anonymously) to assess and communicate the overall health needs of athletes and to develop programs to address those needs. I understand there is no obligation for me to participate in the Healthy Athletes Program and that I may decide not to participate. Provision of these health services is not intended as a substitute for regular care. I also understand that I should seek my own independent medical advice and assistance irrespective of the provisions of these services and that Special Olympics is not through the provision of these provisions responsible for my health.

I acknowledge that Special Olympics events may involve overnight activities and that the housing arrangements for each event may differ. I understand that I should contact the Special Olympics Program in my jurisdiction if I have any questions about housing arrangements for a specific event or the housing policy in general.

If, during my participation in Special Olympics activities, I should need emergency medical treatment, and I am not able to give my consent or make my own arrangements for that treatment for any reason, I authorize Special Olympics to take whatever measures it deems necessary to protect my health and well-being, including, if necessary, hospitalization. **(IF YOU HAVE RELIGIOUS OBJECTIONS TO RECEIVING SUCH MEDICAL TREATMENT, PLEASE CROSS OUT THIS PARAGRAPH, INITIAL IT AND SIGN AND ATTACH THE SPECIAL PROVISIONS REGARDING MEDICAL TREATMENT FORM)**